

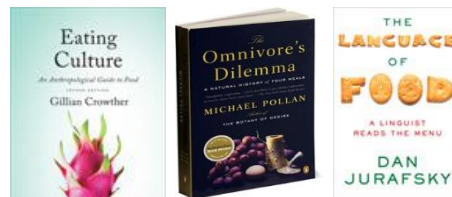
Anthropology of Food Week 4

[🔗](#) = leave page



[Syllabus](#) [🔗](#)

[Calendar](#) [🔗](#)



# What's Happening this Week

REM: [Main Due Dates](#) [🔗](#)

## 1. General Comments for the Week

This week we're going to have a look at how people get their food in non-industrial societies. . . **Hunting-Gathering or Foraging. . . .** featuring

(1) the classic film *The Desert People*,

(2) Ch. 2 of *Eating Cultures*, “**Hunter-Gathering or Foraging,**” and

(3) the chapters from Michael Pollan's  
*Omnivore's Dilemma on foraging* (Chs. 15-17).

**It's part of the overall topic of Food Revolutions and the Emergence of Food Production**

**Food Revolutions**  
**Food Timeline**

## 2. Live Chat: Picking a Project Topic / Office Hours

Contact Information [↗](#)

Tuesday, 22 September 2020 @ 7:00-8:00 p.m. (CDT)

“ZOOM” [↗](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu> [↗](#)

[click ↑ here]



## 3. Video Explorations

**Real People . . . Real Places . . .**

Videos for the Semester [↗](#)

[▶](#) *Desert People*

(51 min, 1965)

Online Access [↗](#)

(Full Text captioned)

[click ↑ here]

(use with VPN if you need to)

course viewing guide [↗](#)



Eating a "grub worm"  
Australia



Eating a lizard  
Australia

## **4. This Week's Slides**

[Class Slides for the Semester](#)

Review and continue from last week . . .

### **“Units of Analysis”**

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as mentioned in the “Orientation”  
**units of analysis may include:**

- **one person**
- **the family**
- **the community**
- **a region**
- **a “culture area”**
- **a culture / “subculture”**
- **a nation**
- **the world**
- **an item or action itself**
- **a “cultural metaphor”**

## **5. Readings for the Week**

[Readings for the Semester](#)

[Textbooks](#)

## **6. Other Assignment Information**

[Main Due Dates](#)

[Calendar](#)

### **Week 4 Calendar**

### **REM: Your Project**

Your Informal Proposal is Due This Week

### **Midterm Exam**

Your Midterm Exam Question is also due this week

**Discussion**

Covert Entomophagy

**For Fun Trivia**

“How do you say ‘blueberry pie’ in *Anishinabe* / Ojibwa / Chippewa?”

“How many gallons of sap does it take to make one gallon of maple syrup?”

For other optional items for the week check “**Calendar**” [🔗](#) or “**Syllabus**” [🔗](#)

**Questions? Comments?**

# 1. General Comments for the Week

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**It's part of the overall topic of Food Revolutions and the Emergence of Food Production**

## **Food Revolutions**

**The “Agricultural Revolution”  
eventually follows the  
“Hunter-Gathering or Foraging” stage.**

**It's important to keep track of the  
various historic Food Revolutions. . . .**

Speaking of food and revolutions, Marie-Antoinette did not say, **“Let them eat cake”** or even, as it would have been the case *“Qu'ils mangent de la brioche”* (or at least there is no evidence that she ever said that, and there is credible circumstantial evidence that she

didn't—for e.g., she was still thirteen years old when the phrase appeared in literature, and even then "[Let them eat cake] was said 100 years before her by Marie-Thérèse, the wife of Louis XIV. It was a callous and ignorant statement and she, Marie Antoinette, was neither. . . ."—Lady Antonia Fraser (biographer), 2002. "Cake eaters" and those who are interested in famous cake eaters might find <[http://en.wikipedia.org/wiki/Let\\_them\\_eat\\_cake](http://en.wikipedia.org/wiki/Let_them_eat_cake)> interesting. It's short cake.

**From the historical/pre-historical perspective, the commonly discussed revolutions in food matters are . . .**

## **1. The Cognitive Revolution**

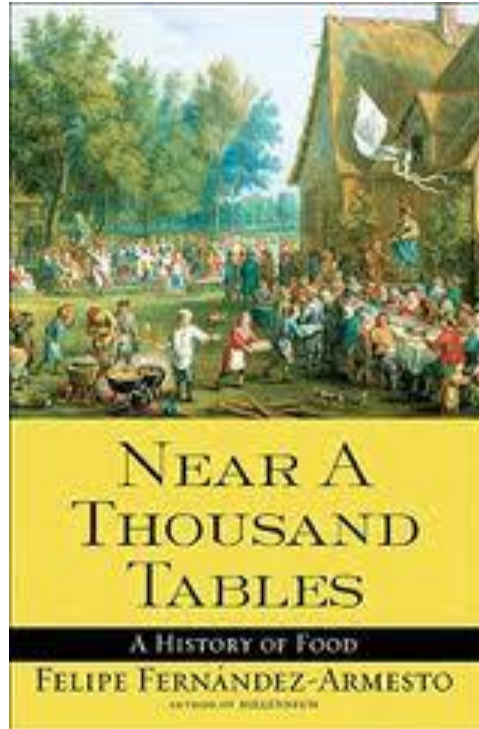
(Harari, Yuval Noah. *Sapiens: A Brief History of Humankind*. London: Vintage Books, 2011.)

## **2. The “Neolithic“ or Agricultural Revolution**

## **3. The Scientific Revolution, and**

## **4. The Industrial Revolution.**

But from the point of view of Anthropology of Food **you need to add to those the revolutions** those discussed by Felipe Fernández-Armesto in *Near a Thousand Tables: A History of Food* (NY: The Free Press, 2003). . . . Fernández-Armesto's work is among the most innovative in social science food literature in recent years (personal opinion) and it has been translated into 26 languages (fact).



**1. Invention of Cooking**

**2. Discovery that Food is More Than Sustenance**

**3. The “Herding Revolution”**

**4. Snail Farming**

**5. Use of Food as a Means and Index of Social Differentiation**

## 6. Long-Range Exchange of Culture

## 7. Ecological Revolution of last 500 years

## 8. Industrial Revolution of the 19<sup>th</sup> and 20<sup>th</sup> Centuries

# Speaking of Revolutions . . .

## The Fake Meat Revolution

Beyond Meats  
Impossible Foods  
Lab-grown Meat





**“A revolution is unfolding in the food world, resulting in the first alternatives to meat that taste like the real thing.** Veggie burgers used to seem like a blend of tofu and cardboard, but in the last few years food scientists have come up with first-rate faux chicken strips and beef crumbles.”  
(Nicholas Kristof, *The New York Times*, 19 September 2015).

**“If the alternatives to meat are tasty, healthier, cheaper, better for the environment and pose fewer ethical challenges, the result may be a revolution in the human diet.”**

Have a look at one of these articles [📄](#) on **laboratory-grown hamburger**, and **plant-based “meat . . .**

[Charcuterie With All of the Smoke but None of the Meat](#) -- [The New York Times](#) (24 August 2020)

[KFC develops 3D-printed cultured meat hybrid nuggets for Russian market](#) -- [FOODnavigator](#) (20 July 2020)

[KFC will sell plant-based fried chicken in these cities](#) -- [CNN Business](#) (16 July 2020)

[3D printed fish: Plant-based salmon with ‘complex structure’ under development for EU market](#) -- [FOODnavigator](#) (06 July 2020)

[Persuading China to switch to 'fake' pork](#) -- [BBCnews](#) (01 July 2020)

[Impossible Burgers now available for home delivery](#) -- [c|net](#) (04 June 2020)

[Vegan seafood: The next plant-based meat trend? fish](#) -- [BBCworklife](#) (02 June 2020)

[3 big reasons why Beyond Meat won't make big inroads with consumers over coronavirus even as supermarkets give it more shelf space](#) -- [MarketWatch](#) (28 May 2020)

[Meat-free future? Coronavirus exposes America's fragile food system](#) -- [The Guardian](#) (10 May 2020)

'A different level of complexity': Meat alternative start-up mimics fibrous texture of pork whole-muscle cuts -- [FOODnavigator](#) (07 May 2020)

The 1 Company I'm Watching the Closest During This Week's Earnings Report [Beyond Meat] -- [The Motley Fool](#) (03 May 2020)

'Cultivated meat will become a necessity': Aleph Farms discusses its commitment to net-zero emissions -- [FOODnavigator](#) (29 April 2020)

Is fake meat getting too much like the real thing? -- [The Guardian](#) (30 March 2020)

How to Cook With Plant-Based Meats -- [The New York Times](#) (03 March 2020)

Many Catholics question whether plant-based meat is Lent-friendly -- [Aleteia](#) (28 February 2020)

Plant-Based Meat Has Roots in the 1970s -- [The New York Times](#) (16 February 2020)

Meatless Burgers Are on Trend. Eating to Save the World Has a Long History (video) -- [The New York Times](#) (16 February 2020)

In the Rush to Solve Climate Change with Lab-Based Foods, Don't Write off Farming -- [Civil Eats](#) (09 January 2020)

Impossible Dumplings and Beyond Buns: Will China Buy Fake Meat? -- [The New York Times](#) (07 January 2020)

And check out the class

**[Fake Meat . . . WebPage](#)** [🔗](#)

**[Food Science WebPage](#)** [🔗](#)

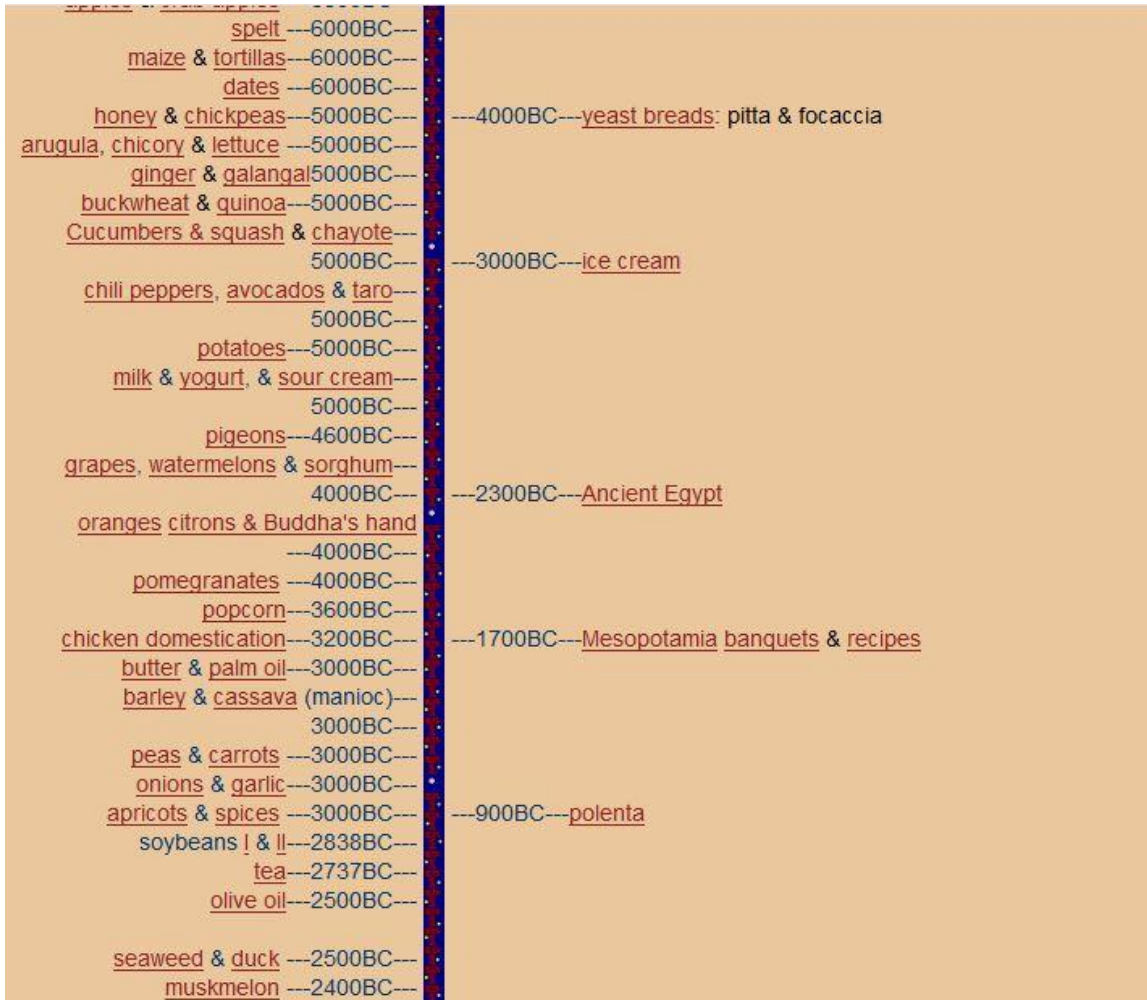
**Interested in food history and/or prehistory?**

Have a look at . . .

**Food Timeline**

**Food Facts and Food Timeline Index** [🔗](#)

[click [↑](#) here]



## 2. Live Chat: Picking a Project Topic / Office Hours

[Contact Information](#) [🔗](#)

Tuesday, 22 September 2020 @ 7:00-8:00 p.m. (CDT)

**“ZOOM”** [↗](#)

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu> [↗](#)

[click ↑ here]



Live Chat is optional. Transcripts of the discussions will be available in your Chat folder.

## 3. Video Explorations

**Real People . . . Real Places . . .**

Videos for the Semester [↗](#)

### ▶ *Desert People*

(51 min, 1965)

Online Access [↗](#)

(Full Text captioned)

[click ↑ here]

(use with VPN if you need to)

course viewing guide [↗](#)

Before you view the film *The Desert People*,  
have a look at the **viewing guide** . [🔗](#)

On the viewing guide focus on the **“Terms / Concepts”** [🔗](#) and **“Notes”** [🔗](#) sections. Peruse the other information on the film’s viewing guide as you see fit.



Eating a “grub worm”  
[Australia](#)



Eating a lizard  
[Australia](#)

## **4. This Week’s Slides**

[Class Slides for the Semester](#) [🔗](#)

Review and continue these slides from last week using the "slide show" mode:

### **“Units of Analysis”**

[\(.pptx\)](#) [🔗](#)

[click [↑](#) here]

# Units of Analysis

It is really important that you focus on your unit(s) of analysis when you are doing your **class project**. For a discussion and lots of examples, have a look at the class slides on the units of analysis commonly used in Anthropology

as mentioned in the "Orientation"

## **units of analysis may include:**

- **one person**
- **the family**
- **the community**
- **a region**
- **a "culture area"**
- **a culture / "subculture"**
- **a nation**
- **the world**
- **an item or action itself**
- **a "cultural metaphor"**

## **5. Readings for the Week**

[Readings for the Semester](#) [🔗](#)

- ***Eating Culture, Second Edition*, Gillian Crowther**
  - CHAPTER THREE: MOBILE INGREDIENTS: ROOTS, ROUTES, AND REALITIES OF INDUSTRIALIZED AGRICULTURE
  
- ***Omnivore's Dilemma*, Michael Pollan**
  - (Review)
  
- ***The Language of Food*, Dan Jurafsky**
  - "Introduction"
  - Ch. 1 "How to Read a Menu"

## 6. Other Assignment Information

Main Due Dates [🔗](#)

Calendar [🔗](#)

## Week 4 Calendar

**REM: Links on screenshots are not “hot” (active)**

The screenshot shows a Canvas calendar for September 2020. A sidebar on the left contains navigation icons for Account, Dashboard, Courses, Calendar, Inbox, and Help. The calendar grid shows events for Monday through Saturday. Annotations include:

- A yellow arrow pointing to the 'Agenda' button in the top right corner with the text: "Click 'Agenda' for notebook-style".
- A yellow arrow pointing to a reading event on Monday with the text: "Readings".
- A blue arrow pointing to a live chat event on Tuesday with the text: "Live Chat".
- A yellow arrow pointing to a video event on Wednesday with the text: "Videos On-line".
- A yellow arrow pointing to a discussion event on Friday with the text: "Discussion".
- A green arrow pointing to an exam question event on Friday with the text: "Exam Question".
- Text at the bottom center: "Live Chat Tuesday 7:00 – 8:00 p.m. The links to the videos are on your Canvas calendar".

## REM: Your Class Project

**Your Informal Proposal is Due this Week**

*Pick out 1-3 things that interest you, that are related to the class, that you think might make a good Class Project.*

*For your Class Project, start with something that you, personally, are interested in, and we'll work things out from there.*

**This Project is something with which you should be able to have fun.**

**Your class Project is your Term Paper,**



plus a short “work-in-progress” presentation.



*Demosthenes Practising Oratory* (1870)

[Details of Presentation](#) [↗](#)





*Charles Dickens* (1842)

[Details of Term Paper](#) [↗](#)

Your ***Informal Project Statement*** [↗](#), or Project Proposal, is due by the end of this week, **Friday, 25 September 2020**. Basically that’s a short *informal* summary personal statement of what you are interested in doing, how you think you might go about it, and what resources you are thinking about using. It can be as simple as the following:

“For my project I’m thinking about X, or Y, and these are the items I’m thinking about using [add short list]. This is why I’m interested in this/these project(s) [add your reason(s)]. . . .

It is an *informal* statement. Links to the details are in the Week 4  canvas syllabus and on your  canvas . Note that this is a simple *informal* proposal. A more formal statement will come later on (in Week 6, Friday, 9 October 2020).

ANTH 3888 (080) > Assignments > AF Wk 4 Due: Project Part 1: Informal Proposal

2020 Fall (08/11/2020-01/0...

AF Wk 4 Due: Project Part 1: Informal Proposal

Submit Assignment

Due Sep 25 by 11:59pm

20 points

Submit Your Informal Proposal Here

Informal Project Statement, or Project Proposal (up to 20 points)

The *informal* statement can be very straightforward. It's a simple statement (on a Word document) of ...

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## Midterm Exam

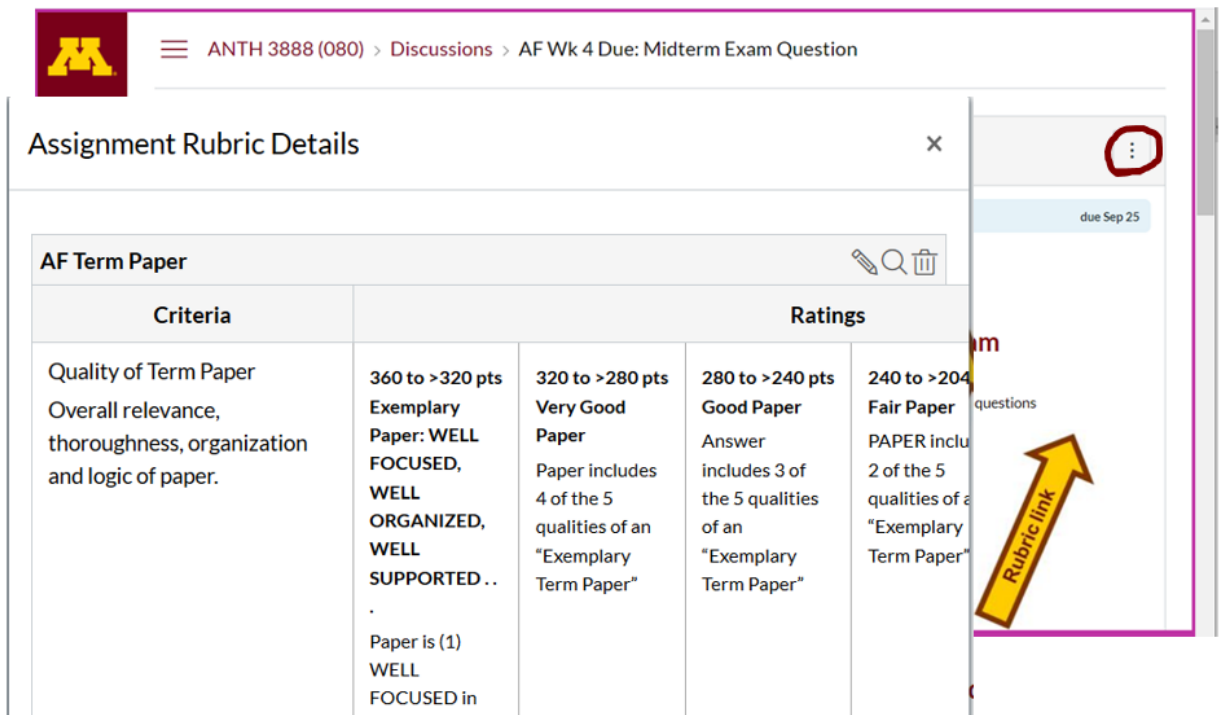
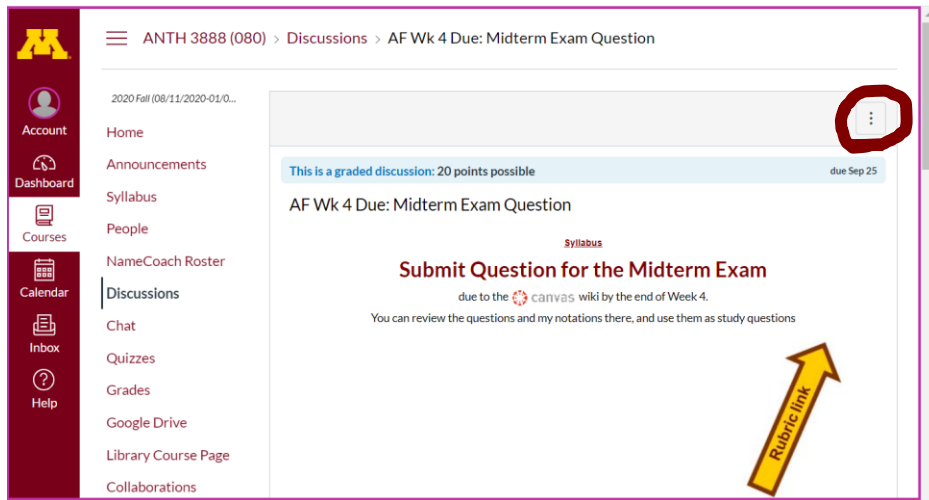
It's time to start thinking about **the midterm exam** (which will be available **Week 6, 5-9 October 2020**). A good activity to start your review would be looking over Ch. 1, "Setting the Anthropological Table". And if you are a visual learner, you might have a(nother) look at the Week 1 slide sets.

### Midterm Exam Question

Be sure to **contribute your question(s) to the Midterm Exam by the end of Week 4, this Friday, 25 September 2020**. I will review those questions, commenting on them in order to try to make them a good source for reviewing for the Midterm Exam. That is, you will be able to **use those questions as study questions**.

As I mentioned last week and the week before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

NOTE: To see the details of the **Exam Question Rubric** click on the pull-down menu in the upper-right-hand corner of the Assignment . . .



# Discussion Topic

Covert Entomophagy



## For Fun Food Trivia for the Week . . .

#1

“How do you say ‘blueberry pie’ in *Anishinabe* / *Ojibwa* / *Chippewa*?”



[Answer](#) 

#2

“How many gallons of sap does it take to make one gallon of maple syrup?”



[Answer](#) [↗](#)

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or **ZOOM** <https://umn.zoom.us/my/troufs> [↗](#) (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<other contact information> 